

Sub - Psychology

Week	B.A. 1st year (Sem. II)	B.A. 2nd year (Sem. IV)
06 Feb - 10 Feb 2024	Brief History of Social Psychology, Scope of social psychology.	Introduction: Scales of Measurement
12 Feb - 17 Feb 2024	Levels of Social Behaviour	Frequency Distribution,
19 Feb - 24 Feb 2024	Approaches towards understanding Social Behaviour	Graphical Representation of Data
26 Feb - 02 March 2024	Individual Level Processes: Socialization: meaning, Agencies	Measures of central Tendency: Mean, median, mode
04 March - 09 March 2024	Attribution - Theories, Biases & Errors	Standard Deviation: Properties & computation
11 March - 16 March 2024	Attitude: formation, change	correlation: Pearson method
18 March - 23 March 2024	Attitude: Resistance to change	Psychological Testing, characteristics of Test
01 April - 06 April 2024	Interpersonal Attraction	Reliability
08 April - 13 April 2024	Prosocial Behaviours, Aggression: Nature	Validity
15 April - 20 April 2024	Aggression: types and Associated factors	Properties of normal Probability Curve
22 April - 27 April 2024	Groups: key Aspects	Norms
29 April - 04 May 2024	Groups: cooperation and conflict	Standardization
06 May - 11 May 2024	Group: Decision making	types of Test
13 May - 18 May 2024	Leadership: meaning	Qualitative Methods:
20 May - 25 May 2024	types of leadership & Needs	Interviews: structured & unstructured
27 May - 31 May 2024	Characteristics of leader	Case Study

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Paper name: counselling Psychology

Teacher: Keru Bai

Weeks/month	Topic
29 Jan to 3 Feb	Introduction: meaning and goals of counselling
5 to 10 Feb 2024	Counselling Process and Relationship
12 to 17 Feb 2024	Counsellor effectiveness
19 to 23 Feb	Counselling in the Indian context.
26 Feb to 2 March	Approaches: Psychodynamic approach.
4 to 9 March 2024	Person centered approach and BE Cognitive Behaviour
11 to 16 March 2024	Behavioural Approach
18 to 22 March	Techniques of counselling - Play Art and Drama
1 April to 6/04/2024	music and Dance
7 to 13 April 2024	Yoga and meditation
15 to 20 April	Family Counselling
22 to 27 April	School and Career Counselling
29-30 April	Personnel Counselling.